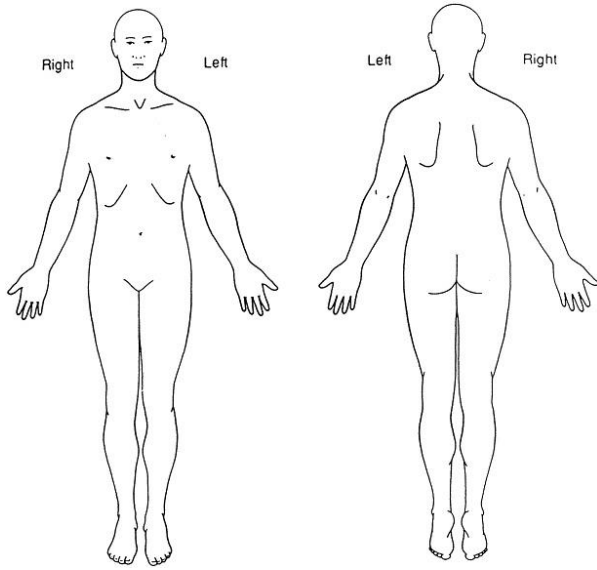


Please Mark the Areas Involved With the Appropriate Symbols:

Burning= +++, Sharp Pain=XXX, Shooting Pain=!!!, Numbness=OOO, Stiffness=----



Current Height_____ Weight_____

Do You Smoke Cigarettes: Yes No

How Much_____ How Long_____

How many glasses of water do you drink per day?

1 2 3 4 5 6 7 8 9 10 11 12+

Do you exercise or participate in other physical activities? Please describe:

Pregnant: Yes No Nursing: Yes No

Medications_____

Vitamins & Supplements_____

Date Of Last Physical:_____

What is your pressure preference during massage (circle one): Light Medium Hard/Deep

What type of music do you prefer during your massage:

- Yoga/Relaxing sounds
- Nature sounds
- Light Tunes with words
- Acoustic music without words
- No preference/Therapist choice